

## March Animal Wisdom Oracle Guidance



Hello Friends,

For this month's theme I pulled a card from Song of the Grandmothers by Kara Simons & The Spirit Animal Oracle by Colette Baron Reid

### **Theme: Grandmother Rose – unconditional love**

This deck is divided into themes and Grandmother Rose falls in the category of Self-Love – “starting new cycles by stepping out of judgment and into compassion.”

Words on card: Unfold Heart Treasure, Love's perfume envelops you, never holding back.

Here in the northern hemisphere, March is a time when we begin to feel a shift within and also begin to see some signs in nature that we are moving into spring. It's a time of new beginnings and dreams we marinated in during the cold winter months that begin to feel like they are forming shape into something - and we can really feel that new possibilities are just around the corner.

It can be dreams of anything, really – while we often think in terms of career or projects, this can be about a new way of being we've been pondering out and doing our inner work to embody more fully.

Since the card is about unconditional love and self-love, it's about the time we spend nurturing ourselves from the inside out, that our heart and soul rewards us with feelings of compassion and allows judgment of ourselves to begin to fall to the wayside.

It reminds me of something I heard Marianne Williamson recently say and that we aren't here to struggle, but we are here to live with joy.

Even though I've heard this before, it really struck me more deeply this time.

Struggle comes from such a deep wound of shame, guilt and blame that we've carried - this heavy burden many of us have taken on most likely unconsciously from the wounding of our ancestors. But it's time now to not hold back as we are moving more rapidly into a time where we have to let this baggage go.

It isn't ours to carry, but to change – to embrace that we are a part of God/Source/Divine/Universe – however you define it – and that being part of Source is indeed unconditional love.

The guidebooks affirmation says this: “Unconditional love is the most powerful force in the Universe. Opening yourself to receive it is never selfish. Embracing yourself without judgment creates even more capacity to share it with those in your life.”

So, as we think about the image of the rose – and all its delicate layers – this is a reflection of us too and all our delicate layers. And as we heal each precious layer of our wounds, we actually add layers of strength and love for ourselves and bloom into a whole new being – and one that is kinder, gentler, and more loving toward ourselves.

**And now the animal guide with this theme for the month is:**

**Giraffe Spirit – See the big picture**

Whenever I see a giraffe it's the graceful way in which they move that always touches something deep in me, and at times has moved me to tears.

Their flexible sleek necks reach to the heavens, while their long slender legs anchor them to the earth.

As we step more into healing our wounds and allowing our true expression of love to come through, we too will have moments of feeling elated as if we are connected to the heavens as we release old ways of being. While also remembering to stay grounded as we continue our inner work. And staying connected to Mother Earth and nature is important as we embrace more and more that we are unconditional love as Grandmother Rose reminds us.

The big picture Giraffe is inviting us to embrace is that when we love ourselves unconditionally as Grandmother Rose is encouraging us to do, we then can see that this is the way toward loving others unconditionally too.

Because when we can let go of judgment toward ourselves, it begins to become easier to move away from judgment of others. When we are in a state of love, we too, like Giraffe are not only connected to the Divine within us, but we then can also move with grace through our days here on earth.

As I was about to put the cards back in their boxes, I realized there was a card stuck to the bottom of the Giraffe card.

I wondered what other animal wanted to make itself known.

And it was Dove Spirit. The message? Be peace.

I just had to share as I feel it was meant to be as the icing on the cake to go with this month's theme and overall message.

So now, to add a personal touch to this month's reading, I encourage you to pull a card from an oracle deck of your choice and see how it plays into this message and your life right now.

I'd love to hear your insights so feel free to leave a comment!

Thank you so much for joining me today. Take good care.

